



ALMĒDA

[HOME](#)

[SCIENCE](#)

[SHOP](#)

[RECIPES](#)

[ABOUT](#)

[LOCATION](#)

ALMEDA COLLECTION

Welcome to the Almeda family. Inspired by 5 generations of eating “the right foods” to promote health and well-being, we’ve created a superior collection of plant-based, vegan supplements using ingredients the body recognizes—because you deserve the best. Embrace the Almeda lifestyle and start nurturing your cells with nature.



ISLE

\$49.99

Think you're eating a healthy diet, but your energy levels beg to differ? Trust your gut instincts, sometimes your pancreas needs an extra boost. Cue Isle, the first member of the Almeda family that targets pancreatic health, an issue close to our hearts. Why the pancreas? Located in our gut it's at the core (literally) of our general health and wellbeing. Simply, the pancreas produces important hormones and enzymes that aid in digestion. After rigorous research and testing we developed Isle™ a groundbreaking supplement with a proprietary blend of amino acids that improve the metabolism of Islet cells that produce insulin. Isle™ dramatically aids cell (aka self) vitality.

Curious to dive deeper into Isle? [Learn more.](#)

KEY BENEFITS



ENCARNA

\$79.99

Wake up with Encarna. Dubbed “liquid gold,” this winning supplement completely replaces your daily vitamins...and so much more! Add Encarna to your morning routine for increased mental clarity and natural energy (without the caffeine jitters). What’s not to love! But how does it work? A formulation of 310 all-natural ingredients (yes really, 310) including essential minerals and amino acids work daily to support your methylation cycle (that’s how your body breaks down food for nutritional support), and cellular health. Looking for the (liquid) gold standard in improving mental health and overall vitality? You’ve found it.

Learn more about Encarna. [Click here.](#)

KEY BENEFITS



KASVI

\$54.99

Who says delicious can't be super healthy? Not us! Whether you start your day with a yummy Kasvi latte, or add a scoop of powder to your morning smoothie, Kasvi is packed with a powerful blend of superfoods and adaptogens that nurture with nature. Forget the hassle of adding 3 protein powders, 8 adaptogens and a slew of superfoods to your supplement regimen (not to mention the financial savings) we've done the work for you, formulating the perfect ratio of plant-based all-natural nutrients. Add great taste to your daily routine and use Kasvi as a delectable meal replacement or additive to combat inflammation, support organ health and clarify skin from within.

Curious to dive deeper into Kasvi? [Learn more.](#)

KEY BENEFITS:



THRINE

\$34.99

Carrying a few extra pounds, or feeling a little older than you'd like? Time for a liver detox! This is double-duty supplement. Ayurvedic inspired, our all-natural botanical formula helps detox the liver and break down unwanted fat, it also boasts a unique blend of herbs, phytonutrients, essential minerals and antioxidants that fight free-radicals in our bodies that age us. Thrine turns back time *and* burns calories (naturally) to reach your *healthy* weight-loss goals.

Curious to dive deeper into Thrine? [Learn more.](#)

KEY BENEFITS

- All-natural liver detox and support
- Thermogenic properties to burn fat and support your weight loss journey